



FOR IMMEDIATE RELEASE
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Progressive Pool to Enhance Wellness for Park Vista and the Greater Community

Youngstown – The proposed aquatic therapy pool at Park Vista Retirement Community will make progressive therapy options available to its residents and the greater community allowing people to rehabilitate and reestablish independence more quickly after injury. Park Vista will build a 1,400 square-foot aquatic therapy area to include a warm water aquatic therapy pool.

Once opened, the pool will offer the people of the community accessibility to the same progressive therapy as used for sports related injuries by world-class sports teams such as The Ohio State University Buckeyes, Cleveland Cavaliers, Cleveland Indians, Pittsburgh Steelers and New York Mets.

To celebrate the new project, Park Vista residents, volunteers and staff today joined area leaders for a groundbreaking ceremony on the Park Vista campus at 1216 Fifth Avenue.

Executive Director Brian Kolenich said that the aquatic therapy pool will further Park Vista's mission to provide older adults with caring and quality services.

"The therapy pool will be a wonderful benefit and true blessing for our residents and others in the Mahoning Valley," Kolenich said. "Today is a wonderful celebration and expression of gratitude to donors, volunteers, community leaders – all of whom have contributed greatly to making this project possible."

Features include:

- Zero depth access with the ability to manipulate the water depth up to six feet
- A variable speed treadmill
- Resistance jets with massage hoses
- Computer documentation and software to record and track patients recovery and progress

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Park Vista Aquatic Therapy Pool
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Park Vista, a continuing care retirement community that has been providing services in the Mahoning Valley area since 1947, is a member of Ohio Presbyterian Retirement Services (OPRS). OPRS is the largest and most experienced not-for-profit provider of continuing care retirement communities and services in Ohio. A faith-based organization with headquarters in Columbus, OPRS serves more than 80,000 people in 42 Ohio counties annually through its 11 retirement communities and its Senior Independence home and community based services division. Additionally, through *iPartner* affiliates and the *icaregiver.org* Web site, Senior Independence extends services to older adults throughout the nation.

For further information, please log onto www.oprs.org/park_vista/.

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